



BACK TO SCHOOL



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THANK YOU.

STAFF



SOPHIA MAY IS A WRITER FOR THE HAVEN COMMUNITY AND TEAM LEADER OF TEAM OPAL. WRITING IS THE BEST FORM OF SELF EXPRESSION IN SOPHIA'S OPINION. IF YOU REALLY WANT TO SHARE HOW YOU'RE FEELING BUT YOU DON'T WANT YOUR MESSAGE TO GET LOST IN A KNOT OF THOUGHTS, WRITING IS YOUR BEST FRIEND. AND WHEN YOU FINALLY LEARN HOW TO EXPRESS YOURSELF, YOU CAN BEGIN TO EXCEL IN YOUR LIFE. SUCCESSFUL LIVING CANNOT BE ACHIEVED WITHOUT GROWTH, AND EMOTIONAL GROWTH CANNOT BE ACHIEVED WITHOUT SELF CONFRONTATION. SOPHIA RECOGNIZES THIS AND WOULD LIKE TO HELP PEOPLE LIVE FULFILLING LIVES, NOT FOR OTHERS, BUT FOR THEMSELVES. BECAUSE, IT'S ONLY AFTER YOU'VE MADE YOURSELF HAPPY THAT YOU CAN YOU SPREAD THE POSITIVITY TO OTHERS.

SIENNA YOU IS THE SENIOR VICE PRESIDENT OF WRITING AND COMPOSITION AT THE HAVEN COMMUNITY. IN HER FREE TIME, SIENNA ENJOYS PLAYING VOLLEYBALL, HANGING OUT WITH FRIENDS & FAMILY, AND LISTENING TO BTS. AS A PART OF THE HAVEN COMMUNITY, SHE HOPES TO EXPRESS HER FEELINGS AND PROVIDE SUPPORT FOR OTHER TEENAGERS..



HELLO, MY NAME IS CELESTE CORTEZ AND I AM A WRITER FOR THE HAVEN COMMUNITY AND THE CHIEF FINANCIAL OFFICER. I ENJOY WRITING BECAUSE I BELIEVE THAT IT IS A GREAT OPPORTUNITY TO EXPRESS MYSELF AND WHAT I AM TRULY PASSIONATE ABOUT. I AM ADMIRER HOW YOU CAN SEE A PERSON'S PERSONALITY AND CHARACTER BY THEIR WRITING. I HOPE READER'S CAN GET A GLIMPSE OF WHO I AM AND WHAT I LOVE THROUGH WHAT I PUT OUT HERE AT THE HAVEN COMMUNITY. OTHER THAN WRITING, I ENJOY LEARNING ABOUT SCIENCE, ESPECIALLY ANATOMY AND BIOLOGY. I ALSO AM A VOLUNTEER AT THE AMERICAN RED CROSS AND THE YOUTH CLIMATE ACTION COALITION.

KATELYN VILLON IS THE PRESIDENT OF THE HAVEN COMMUNITY. SHE IS AN ARTIST PASSIONATE ABOUT CREATING PIECES WITH A DEEPER MEANING. SHE WANTS TO COMFORT OTHERS BY CONVEYING HER STORIES THROUGH HER ARTWORKS. SHE WANTS TO BE ABLE TO HELP OTHERS BY SHOWING THEM THEY'RE NOT ALONE IN THIS WORLD, THAT THERE'S SOMEONE WHO UNDERSTANDS WHAT THEY MAY BE GOING THROUGH. SHE FINDS PEACE IN PIANO PIECES AND GAINS INSPIRATION IN SERENE SETTINGS.



THE START OF JUNIOR YEAR

BY SIENNA YOU



ESTABLISHING A ROUTINE

AS MUCH AS I ENJOYED SUMMER BREAK AND BEING ABLE TO DO WHATEVER I WANT, I CRAVED A ROUTINE AGAIN. ONE OF THE THINGS I DIDN'T ENJOY ABOUT SUMMER WAS STAYING IN BED ALL DAY DOING NOTHING. SO, ONCE THE SCHOOL YEAR STARTED, I GOT BACK INTO THE GROOVE OF THINGS AND WASN'T BORED AS I CONSTANTLY HAD SOMETHING TO DO. GOING BACK TO SCHOOL FORCED ME TO WAKE UP EARLY, MAKE SURE I EAT FULL MEALS, AND GET READY EVERYDAY. I HONESTLY LOVE THE PROCESS OF GETTING READY EVERY MORNING, AS IT STARTS OFF MY DAY AND HELPS ME FEEL ENERGIZED AND NOT GROGGY, AS I DID DURING THE BREAK. LIKE EVERY OTHER TEENAGER, SCHOOL ISN'T THE MOST FUN, BUT IT BEATS BEING BORED. I DIDN'T HAVE TO CONSTANTLY LOOK FOR STUFF TO DO, AS SCHOOL KEPT ME OCCUPIED MOST OF MY DAY. AND, OF COURSE, AT HOME I DO MY HOMEWORK, EAT DINNER, AND GET READY FOR BED. AS SOMEONE WHO GETS BORED VERY, VERY EASILY, ESTABLISHING THIS ROUTINE FOR SCHOOL HAS NOT ONLY IMPROVED MY PRODUCTIVITY, BUT MY WELL-BEING AS WELL.

SOCIALIZING AND SEEING FRIENDS

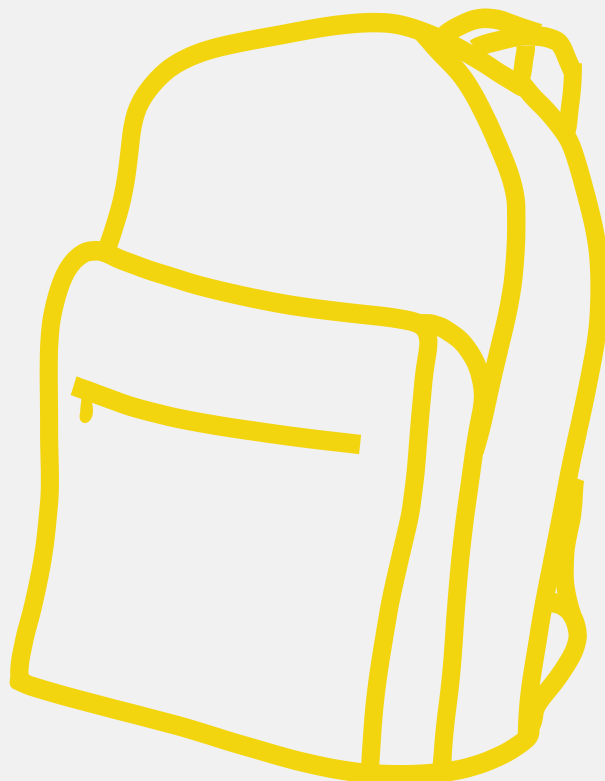
THE BEST THING ABOUT MY FIRST WEEK OF SCHOOL WAS DEFINITELY SEEING EVERYONE AND SPENDING TIME WITH MY FRIENDS. ALTHOUGH I DID GO OUT A COUPLE TIMES WITH FRIENDS OVER SUMMER BREAK, SEEING THEM EVERYDAY AT SCHOOL PROVIDES ME SO MUCH JOY AND SCHOOL IS DEFINITELY THE FOUNDATION FOR MY FRIENDSHIPS. I ALSO LOVED MEETING NEW PEOPLE AND TALKING TO CLASSMATES I NEVER GOT A CHANCE TO BEFORE. EVEN THOUGH I AM SHY AT FIRST, I'M AN EXTROVERT AT HEART AND HAVE LEARNED TO SOCIALIZE ANYTIME I CAN. FOLLOWING THE PANDEMIC, I'VE FELT SO LONELY AT TIMES SO BEING IN AN ENVIRONMENT WHERE I CAN INTERACT AND CONVERSE CONSTANTLY IS SO BENEFICIAL FOR ME.

THE START OF JUNIOR YEAR

BY SIENNA YOU

HOPEFUL FOR THE FUTURE

AS EVERYONE KNOWS, JUNIOR YEAR IS THE (ARGUABLY) HARDEST YEAR OF HIGH SCHOOL AND I CAN TOTALLY SEE THAT. AS SOMEONE WHO HAS HUGE GOALS REGARDING COLLEGE, I KNEW THAT THIS YEAR WOULD BE THE TOUGHEST. I'M TAKING THREE AP CLASSES AND HAVE INVOLVED MYSELF IN MANY EXTRACURRICULARS. I KNOW MY PLATE WILL BE FULL THIS YEAR BUT I HONESTLY LOVE CHALLENGING MYSELF. I KNOW THAT I'M CAPABLE OF WORKING HARD SO I BELIEVE THIS YEAR CAN GO SMOOTHLY AS LONG AS I STAY FOCUSED, MOTIVATED, AND CONTINUE TO WORK TOWARDS MY GOAL. LUCKILY, THE EXTRACURRICULARS AND CLASSES I'M TAKING EACH HAVE MEANING TO ME SO I DON'T SEE IT AS WORK, BUT OPPORTUNITIES. OPPORTUNITIES TO LEARN AND GROW. I'M HOPEFUL FOR MY JUNIOR YEAR AND I'M EXCITED TO MAKE MEMORIES AS MY HIGH SCHOOL LIFE IS COMING TO AN END. MY FIRST WEEK WENT GREAT, NOW LET'S HOPE THE NEXT ARE EVEN BETTER! :)





REBIRTH OF THE BUTTERFLY

BY KATELYN VILLON



WELCOME BACK!

INTERVIEW BY SOPHIA MAY

[ANONYMOUS INTERVIEWEE]



HELLO [ANONYMOUS]! HOW WAS YOUR FIRST WEEK BACK IN SCHOOL? WAS IT FUN? SLOW? TYPICAL?

HI SOPHIA! MY FIRST WEEK WAS ACTUALLY PRETTY GOOD. I WAS GLAD TO SEE MY FRIENDS AGAIN AND THERE WAS NOTHING TOO INTENSE THAT WENT ON.

HOW DO YOU FEEL STARTING A NEW SCHOOL YEAR? YOU'RE NOW A JUNIOR, IS IT SURREAL OR IS THIS JUST LIKE ANY OTHER YEAR IN SCHOOL FOR YOU?

NOW THAT I'M A JUNIOR, I FEEL LIKE I'M ON THE VERGE OF GIVING UP. THERE'S JUST SO MUCH PRESSURE LIKE MAJOR EXAMS AND PREPARATION FOR COLLEGE APPLICATIONS.

THAT'S UNDERSTANDABLE. WHAT ARE YOUR PLANS FOR JUNIOR YEAR? ANY NEW EXTRACURRICULARS OR CLUBS PLANNED?

I'M PRESIDENT OF A CLUB AND PROBABLY RUNNING FOR CABINET FOR A COUPLE OTHER CLUBS. I WORK AT A HOSPITAL FOR VOLUNTEER HOURS AFTER SCHOOL.

WHAT DO YOU HOPE TO ACCOMPLISH BY THE END OF THIS SCHOOL YEAR?

BY THE END OF THE SCHOOL YEAR, I PLAN TO PASS ALL MY CLASSES AND EXAMS AS WELL AS LOOK FORWARD TO MORE TIME TO MYSELF.

THANK YOU FOR ANSWERING MY QUESTIONS [ANONYMOUS]! WE AT THE HAVEN COMMUNITY HOPE YOU ENJOY YOUR SCHOOL YEAR!

STARTING THIS SCHOOL YEAR AS A SENIOR

BY CELESTE CORTEZ

NEW CIRCUMSTANCES

AS THE 2022-2023 SCHOOL YEAR BEGINS, MANY STUDENTS, INCLUDING MYSELF, HAVE TO GET ACCUSTOMED TO A DIFFERENT ENVIRONMENT THAN THE PAST 3 YEARS. I AM A SENIOR NOW AND IT IS NO EXAGGERATION TO SAY THAT MY HIGH SCHOOL EXPERIENCE HAS BEEN VERY UNIQUE. MY FRESHMAN YEAR WAS FILLED WITH MEETING NEW PEOPLE, MANAGING CHALLENGING HIGH SCHOOL COURSES, AND NEWS THAT COVID CASES WERE RISING MONTHS BEFORE SUMMER. MY SOPHOMORE YEAR WAS COMPLETELY VIRTUAL. MY JUNIOR YEAR CONSISTED OF WEEKLY COVID TESTS AND WEARING MASKS. AND NOW, MY SENIOR YEAR SEEMS TO BE BACK TO NORMAL. HOWEVER, I STILL HAVE TO GET USED TO NEW TEACHERS, CLASSMATES, AND MY ACADEMIC CLASSES.

MY FIRST WEEK

NOTHING CAN EVER GET RID OF THE FEAR, ANXIETY, AND STRESS THAT I GET DAYS BEFORE SCHOOL STARTS. EVEN AFTER YEARS OF HAVING FIRST DAYS OF SCHOOL, IT IS ALWAYS HARD TO WAKE UP EARLY AND GO TO SCHOOL FIVE DAYS A WEEK AFTER YOU HAVE BEEN HOME FOR MONTHS. HOWEVER, SURPRISINGLY, MY FIRST WEEK OF SCHOOL WENT GREAT. I WAS ABLE TO CATCH UP WITH MY CLOSE FRIENDS AND GET AN IDEA ON HOW MY CLASSES ARE GOING TO BE THROUGHOUT THE SCHOOL YEAR. WHILE I AM SURE THAT THIS SCHOOL YEAR WILL NOT ALWAYS BE AS EASY AS THE FIRST WEEK, IT WAS GREAT TO GET USED TO THESE NEW CIRCUMSTANCES.

STARTING THIS SCHOOL YEAR AS A SENIOR

BY CELESTE CORTEZ

COLLEGE APPS

ALTHOUGH MANY SAY THAT SENIOR YEAR IS THE EASIEST YEAR IN HIGH SCHOOL, SENIORS HAVE TO WORK ON THEIR COLLEGE APPS WHILE ALSO JUGGLING THEIR HIGH SCHOOL CLASSES AND EXTRACURRICULARS. TO HELP MYSELF OUT A LITTLE, I WAS ABLE TO SPEND SOME TIME DURING THE SUMMER GETTING STARTED ON MY APPLICATIONS. HOWEVER I STILL HAVE MUCH WORK TO DO SUCH AS COMPLETING AND REVIEWING MY ESSAYS. IT IS ALWAYS ENCOURAGED TO HAVE DEADLINES SET FOR YOURSELF ON WHEN TO GET STUFF DONE. IT WILL NOT ONLY HELP COMPLETE ASSIGNMENTS, HOMEWORK, AND COLLEGE APPLICATIONS ON TIME, BUT IT WILL HELP KEEP YOU ORGANIZED AND LOWER ANY STRESS.

LOOKING FORWARD

WHILE I HAVE NO IDEA ON HOW THE FUTURE OF MY SENIOR YEAR WILL LOOK LIKE, I HOPE THAT THE SCHOOL YEAR WILL GO BY SMOOTHLY AND THAT I DON'T OVERSTRESS MYSELF WITH CLASSES AND COLLEGE APPLICATIONS. IN ADDITION, I AM LOOKING FORWARD TO SENIOR EVENTS SUCH AS PROM, SENIOR SUNSET, AND GRADUATION NIGHT. THE IDEA OF NO LONGER BEING IN HIGH SCHOOL IS SCARY BUT I PLAN ON ENJOYING MY FINAL YEAR AS BEST AS I CAN. NO MATTER YOUR CIRCUMSTANCES THIS SCHOOL YEAR, REMEMBER THAT YOU ARE CAPABLE OF STRIVING THROUGH ANY CHALLENGES. I WISH EVERYONE A GREAT AND PRODUCTIVE SCHOOL YEAR!



THANK YOU.



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